



SAFEchild Program Dates - Fall 2021/Winter 2022

All classes are virtual until further notice unless otherwise noted

Learn more and register at safechildnc.org/find-a-program

or contact intake coordinator Laura Goulian at lgoulian@safechildnc.org



- ♥ Tuesdays 10 am Parenting support group for moms with children birth to 5 (biweekly)
- ♥ Thursdays 7 pm Support group for pregnant or postpartum women dealing with mental health challenges (clinical diagnosis not required)
- ♥ One-year mentor program that pairs new moms with trained, experienced moms
- ♥ Postpartum planning class at Rex Hospital - contact Megan for details

Megan Roberts - mroberts@safechildnc.org



- ♥ Tuesday evenings September 7 - December 7
- ♥ Wednesday evenings October 13 - January 26

Intake required for all prospective participants

Stacey Sullivan - ssullivan@safechildnc.org



- ♥ Mondays 6:30-8:30 pm October 11 - December 13
- ♥ Wednesdays 9:30-11:30 am September 8 - November 10

Laura Brimberry - lbrimberry@safechildnc.org



- ♥ Tuesdays, 9:30-11:30 am October 5 - December 14 - *in person and online*
- ♥ Thursdays, times TBD January 13 - March 24

Gladys D'Estefano - gdestefano@safechildnc.org



- ♥ Monday evenings November - January (dates TBD)
- Professional referral and intake required for all prospective participants*

Stacey Sullivan - ssullivan@safechildnc.org



This class is not currently scheduled