



## SAFEchild Program Dates - Spring 2022

All classes are virtual until further notice unless otherwise noted

Learn more and register at [safechildnc.org/find-a-program](https://safechildnc.org/find-a-program)

or contact intake coordinator Laura Goulian at [lgoulian@safechildnc.org](mailto:lgoulian@safechildnc.org).



### **Krystal Grady** - [kgrady@safechildnc.org](mailto:kgrady@safechildnc.org)

- ♥ Tuesday 10 am Biweekly parenting support group for moms with children birth to 5
- ♥ Thursday 7 pm Weekly support group for pregnant or postpartum women dealing with mental health challenges (clinical diagnosis not required)
- ♥ One-year mentor program that pairs new moms with trained, experienced moms
- ♥ Monthly postpartum planning class at UNC Rex Hospital



### **Stacey Sullivan** - [ssullivan@safechildnc.org](mailto:ssullivan@safechildnc.org)

- ♥ Tuesday April 26 - July 19, evenings
  - ♥ Wednesday March 2 - May 25, evenings
- Intake required for all prospective participants*



### **Laura Brimberry** - [lbrimberry@safechildnc.org](mailto:lbrimberry@safechildnc.org)

- ♥ Weekdays New 15-person groups starting each month
- Mornings, evenings



### **Gladys D'Estefano** - [gdestefano@safechildnc.org](mailto:gdestefano@safechildnc.org)

- ♥ Tuesday, Thursday March 29 - June 7
- Mornings, afternoons, evenings



### **Stacey Sullivan** - [ssullivan@safechildnc.org](mailto:ssullivan@safechildnc.org)

- ♥ Monday February - May, evenings
- March - June, evenings
- Professional referral and intake required for all prospective participants*



- ♥ *At this time, Nurturing is not on the program schedule*